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The Magazine for  
Great Salkeld & area

Issue 10 Summer 2013

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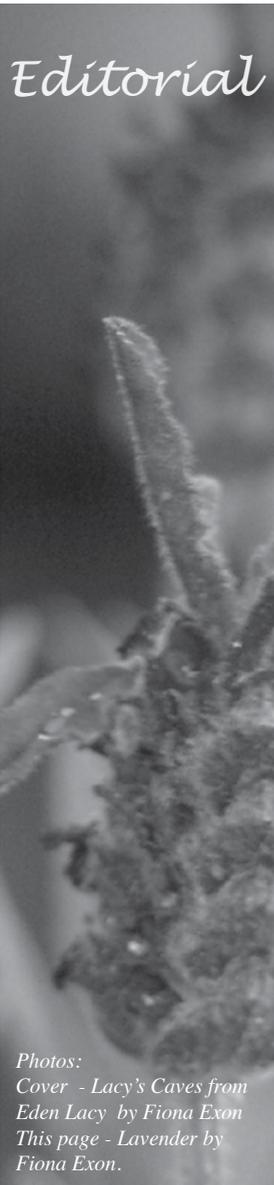


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## To all our readers

As the Editor of the magazine, one of my tasks is to find interesting copy for publishing. Whilst talking to people at local social events, I have been impressed by the number of folk who have amazing talents and hobbies. One such person is Peter Pickthall, who is currently undertaking a sailing voyage to the Caribbean, which we will follow in future issues. Another, Neil Wales, has a wealth of knowledge on local social history and is a frequent contributor to Craic. If you have a story to tell about your own experiences, or the lives of others, I hope you will enlighten us in later issues.



Hidden in various corners of our local communities we have the talents of fine artists, potters, poets, and many others. We look forward to revealing their varied skills in future issues. At Nunwick Hall, the Cricket Club are active with a busy summer schedule. Let's hope that this summer the weather will be kinder than last year.

The Film Shows, sponsored by The Friends of St. Cuthbert's, have been popular and future programmes are in the planning stage, commencing in September, 2013. The last supper/ film show was well received and more are planned.

Mike King is as pleased as punch with the new flag pole, on which he proudly displays the Union Jack (the right way up!) at the Great Salkeld Village Hall.

Finally, why not take the opportunity to explore one of the walks surveyed by Colin Barnfield, which are a regular feature in the Craic Magazine?

The Craic team wishes all our readers a very enjoyable summer.

Please contact me at: [fjhope1@gmail.com](mailto:fjhope1@gmail.com), Tel: 01768-898954, or write to me at: 3 Farleigh Court, North Dykes, Great Salkeld, Penrith, CA11 9ND.

*Frank Hope, Editor*

**CONTRIBUTIONS:** Please send your news to [copy@great-salkeld.net](mailto:copy@great-salkeld.net). We welcome Readers' Views on articles which are published and invite our readers to suggest topics for inclusion in future issues. News and Events are also included on the Village Website: [www.great-salkeld.net](http://www.great-salkeld.net) The website contains the Diary of Village Events, which is frequently updated. Email Linda Jervis on [diary@great-salkeld.net](mailto:diary@great-salkeld.net) for diary inclusion. We won't always have space to include every article or item in the current Craic; some items will be held over to subsequent issues, while some items will go onto the village website.

### **ADVERTISE in CRAIC**

Advert rates per issue are: ¼ page £15, ½ page £25, Full page £50. Single A5 flier inserts £20. Discounts for a full year.

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# EDEN LACY built on FOUNDATIONS of CUSTARD and BAKING POWDERS

by Neil Wales



To walk by the river at Eden Lacy on a sunny day is a pleasure. The natural environment has been enhanced by the efforts of Victor and Sarah-Anne Gubbins, in order to promote wildlife. Birds, wild flowers, insects and deer can often be seen in profusion. Also, there is fishing in the River Eden and game shooting. The parts of Eden Lacy that are often not seen are the house and the surrounding buildings, as they are some distance from the river. Maybe you've wondered, "Why is the house there?" and "Who built it?"

The land at Eden Lacy originally belonged to the Lacy family, who lived in Salkeld Hall, at Little Salkeld, further south on the other side of the River Eden. The oldest part of Salkeld Hall dates back to the 14th century and forcibly changed hands during the English Civil War (1642- 1651). In 1790 the house was sold to Colonel Samuel Lacy, who in 1804 became Lieutenant Colonel of the Royal Cumberland Militia. Around this time his servants were given the job of carving out "Lacy's Caves" in a nearby sandstone cliff, 2km (1¼ miles) downriver, opposite Eden Lacy. In 1834 Colonel Lacy had a house built at Eden Lacy for his son. This was a relatively small house, with the front door in the middle and a room either side.

The Lacys stayed at Eden Lacy until the 1890s, when the house was sold to Robert Borwick (1845-1936). Robert's father, George Borwick, from the south of England, married Jane Hudson, from Staffordshire. Jane's father gave them a formula, which they experimented with for eleven years, before setting up a factory, George Borwick & Sons Ltd., in London, producing baking powder, custard, blanchmange and lemon barley powder. They then began to sell their products from a market stall and shop in Walthamstow. Robert Borwick became chairman of the family firm. Now the products are manufactured and sold by the Kerry Group, based in Ireland.

The Borwicks came from the south of England and how Robert arrived in the wilds of Cumbria can only be imagined. The late 19th century was the era of the expansion of the railways and the Lake District was becoming increasingly accessible and attractive to those who had the means to get here. Just before the turn of the century, Robert Borwick began a substantial project to aggrandize the house at Eden Lacy, extending it to more than double its original size. He also put up farm buildings, created a walled garden and built the Lodge, which is dated 1900. He was knighted in 1902 and created a Baronet in 1922 for the creation of baking and custard powders. He must have had other interests in Cumbria, for he appears to have been referred to as either the 1st Baron Borwick of Eden Lacy or the 1st Baron Borwick of Hawkeshead.

*continued on next page >>>*



At some point the Eden Lacy estate was sold to the Johnstone family and then, in 1931, to William John Mounsey Gubbins, who carried out a further extension by adding the drawing room. The house is now referred to as, “a Tudorbethan house with projecting bays and mullion and transom windows”. Both William Gubbins and his friend, Sir Gerald Ley of Lazonby Hall, had an interest in railways. Perhaps this is what encouraged William Gubbins to buy the house, as the “Settle to Carlisle” railway line runs through Eden Lacy.

Sir Gerald often drove the train on its journey south into Yorkshire and, as he passed by Eden Lacy, he would play the tune, “On Ilkla Moor Bah t’at”, on the train whistles, to let his pal know he was the driver that day.

In 1939, at the outbreak of war, William Gubbins joined the Border Regiment and between the 27th May and the 4th June, 1940, the Regiment was acting as the rearguard for the evacuation of the 51st Highland Division from the beaches of Dunkirk. Major Gubbins was taken prisoner, marched 1600km (1000 miles) across Europe, and spent the rest of the war in various German P.O.W. camps. On his death in 1979 the house passed to his son, Victor Gubbins. ■

*Photographs from Neil Wales*

## *CRAIC RECIPE*

from Jo Thompson

# *Elderflower Cordial*

### INGREDIENTS

**Makes approx. 1.5l (2 ½ pints)**

- ✓ 30 large elderflower heads, picked fresh when fully open
- ✓ 1.2l (2 pints) water                      ✓ 1.4kg (3 lb) caster sugar
- ✓ 2 large ripe lemons (can also add some orange zest as a variation)
- ✓ 56g (2 oz) citric acid (from chemists or health food stores)



### METHOD

- Dissolve the sugar in the water, bringing it almost to the boil, then turn off the heat. Add the grated rind and juice of the lemons and then stir in the elderflower heads. Leave to infuse for 24 to 48 hours in a cool place, stirring occasionally.
- Strain through a sieve and then some clean muslin into a large bowl, squeezing out all the juice at the end.
- Stir in the citric acid until dissolved. Using a funnel, pour into sterilized bottles.
- The cordial can be stored in a dark, cool place or frozen in plastic bottles. If freezing, only fill the bottles to 70% (2/3) capacity, to allow for expansion when frozen.
- To use, mix the cordial with plain or sparkling water, sparkling wine, or fruit salad. It can also be poured over vanilla ice cream.
- Once open, store in the fridge. ■

**A**s I sit at my desk in mid-spring, gazing out of the window at rain, high winds and low temperatures, with remnants of snow still clinging to Cross Fell, my mind wanders back to those heady, warm, dry, calm summer days, when buddleia shrubs have no parking spaces left – they are so plastered with beautiful, British butterflies. Oh what a dream, after the nightmare of a summer last year. Let's hope that 2013 will be kinder to wildlife and humans alike!

But, before you have butterflies in your garden or surroundings, you will need the nectar-bearing plants that they feed upon and also their favoured habitats for reproduction – from egg, to caterpillar (larva), to chrysalis (pupa), and finally to adult butterfly (imago). Try and plant any or all of the following plants, to act as attractants: Ice plant (*Sedum spectabile*), Devil's bit scabious (*Succisa pratensis*), Hemp agrimony (*Eupatorium cannabinum*), Wild marjoram (*Origanum vulgare*), Red valerian (*Centranthus ruber*), Hebe (*Hebe* – various species), Purple top (*Verbena bonariensis*), Caucasian crosswort (*Phuopsis stylosa*), Lavender (*Lavendula* – various species) and, of course, the Butterfly bush (*Buddleja davidii*). And don't cut down that nettle patch or spray it with herbicide – it is vital for butterfly reproduction!

So now that you have the right environment, what species of butterfly should you be able to attract? There are about 60 species of British butterflies, compared to 2500 species of moth. The main differences are that butterflies are generally brightly coloured, appear during the day and have "clubs" on the ends of their feelers (antennae), whilst moths tend to be duller, are nocturnal and lack "clubs".

**Some of the most colourful butterflies are:**

## **Red Admiral –**

Wingspan 5-6cm (2-2½ in.) Black-brown with a bold, rich, orange-red band across the middle of the forewings and around the margin of the hindwings. White spots on the tips of the forewings and along the posterior margins of both fore- and hindwings.



## **Peacock –**

Wingspan 5-6cm (2-2½ in.) Ground-colour red, each wing with a large "peacock-like" eyespot.



## **Small Tortoiseshell**

– Wingspan 4-5cm (1½-2 in.) Perhaps the best known British butterfly. Orange with black spots and light yellow areas with a small white spot at the tip of each forewing. Wings have a black posterior margin with blue spots.



## **Painted Lady –**

Wingspan 5-6cm (2-2½ in.) Migrates to Britain annually from southern Europe. Coppery-orange with black spots. Tips of the forewings black with white spots. The undersides of the hindwings have a row of 5, small eyespots.



## **Large White –**

Wingspan 5.3-6.5cm (2-2½ in.) Creamy-white, forewings with black tips. Females have 2 further black spots on each forewing.



## Small White –

Wingspan 4-5.2cm (1½-2 in.) Very similar to the Large White but the male has 1 dark spot on each forewing. The Small and Large White (Cabbage butterflies) are not loved by vegetable growers as they can decimate brassica crops.



## Meadow

### Brown –

Wingspan 4-5cm (1½-2in.) Walk through any hay meadow and you should disturb this dull brown butterfly with bright orange-brown patches on fore- and hindwings and a dark eyespot near the tips of the forewings.



## Comma –

Wingspan 4.5-5cm (1¾-2 in.) Coppery-brown with dark brown to black spots and the wing outline strikingly jagged. The underside of the hindwing has a small comma-shaped, white mark.



## Common

### Blue –

Wingspan 2.7-3.4cm (1- +1¼ in.) One of numerous small blue butterflies and loves hayfields. Upper side of the male is light blue with a violet tinge and a white fringe. The female is brown with a row of orange spots along the outer wing margins.



## Small Copper

– Wingspan 2.5-3cm (1-1¼ in.) Forewing coppery with black spots and a broad dark brown margin. Hindwing is dark brown with a jagged, orange marginal band and some also have a row of blue spots.



So that is just 11 commoner species described – only another 50 to go! But if you are really interested in seeing butterflies, both British and tropical, and you happen to be near Stratford-upon-Avon, you really should visit the Stratford-upon-Avon Butterfly Farm, just opposite the Theatre, right in the centre of town. It is fantastic and a big winner with children. Butterflies galore! ■

## Orange Tip

– Wingspan 3.5-4.5cm (+1¼-1¾ in.) Creamy-white with the tips of the forewings grey. Each forewing has a dark spot. Only the males have the outer half of the forewings orange. The caterpillars feed on cuckooflower (Lady's smock) and other plants.



## Riddle-me-ree!

1. What always runs but never walks, often murmurs but never talks, has a bed but never sleeps, has a mouth but never eats?
2. What is in seasons, seconds, centuries and minutes but not in decades, years or days?
3. What English word has three consecutive double letters?

Answers on page 12

Photographs all with Creative Commons License

# Pilates

with Carol Westmorland

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## The “Mary Happy Orphanage”

When exams are over this summer, Lazonby teenager Izzy Sharpe will be spending 10 days volunteering at Mary Happy Orphanage in Nairobi, Kenya. Izzy, a sixth form student at Queen Elizabeth Grammar School, Penrith, travels to Nairobi in August. Her older sister, Kathryn, volunteered there in 2010. Following her visit, Kathryn chose to sponsor the education of one of the girls at the orphanage.

Mary Happy Orphanage is an all-girls orphanage on the edge of the Mathare Slum, Nairobi, which is the second largest slum in Africa. It currently has 23 girls aged 4 to 20 years old. The main focus at the orphanage is on education and the girls are very hard-working, as they know that getting an education is the only way of making life outside the slums a possibility. These vulnerable girls have all been rescued from the surrounding slum, often having been subjected to physical and sexual abuse. The orphanage also has an outreach education programme for 80 other children living in the slums.



The orphanage runs entirely on donations, which is why Izzy and her family have chosen to support it. In recent years the costs of living and education have risen, but this hasn't been matched by sponsors. Kathryn said, when she returned from her visit, that conditions at the orphanage were very basic, with four children sharing a bunk bed. Showering consisted of heating water in a bucket over a fire and the girls had only one tiny drawer each, to hold all their possessions. Despite the most unimaginable circumstances that the children had endured in their past, Kathryn told how they were playful, grateful and earnest little children, who continually thanked God for the little they had.

>> continued on page 12 >>>

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# Pennine Perambulations - Walk 10 By Colin Barnfield, Lazonby



**LENGTH:** 6.5km (4 miles); A walk for the more ADVENTUROUS walker;

**GRADE:** Moderate walking with long inclines, 1 stile, and some rough ground to navigate;

**MAPS:** OS Explorer Series, No. OL5 (NE Lakes) and No. 315 (Carlisle);

**START:** Newbiggin (B6413). Going north, turn right at the crossroads, alongside Newbiggin Beck on the left. Continue for 0.5km (+¼ mile) towards Townhead, to where a track leads off on the left, GR 5617 4912;

**PUBS:** Blue Bell Inn (Newbiggin); Duke of Cumberland (Castle Carrock); The Blacksmiths Arms (Talkin); **TEAROOM:** Talkin Tarn Country Park (Talkin); **SHOPS:** Castle Carrock and Kirkoswald village stores; Lazonby Co-op;

**FOOTWEAR:** Good walking boots recommended.

**NOTE:** Part of this route does not have markers. The directions below, IF FOLLOWED CAREFULLY, should be sufficient.

- 1 Take the track on the left (north) side of the road, up to a gate next to an ACCESS LAND noticeboard at the edge of Bove Wood, with Newbiggin Beck down to the right. From the gate follow the bridleway uphill for 100m (108yds) to another gate. Continue uphill for 325m (350yds) to a third gate at the ACCESS LAND

boundary. (The public have the right to roam freely over access land.)



- 2 Continue along the track for 1km (+½ mile) to a gate in a stone wall, next to another ACCESS LAND noticeboard. Through the gate, walk for 340m (370yds) to a gate in the stone wall on the right, opposite an old limekiln and disused quarry up on the fellside.

- 3 Turn right, through the gate, and follow the track up to the left of the limekiln. Go right, across the top of the kiln, to a broken-down stone wall. Turn left, with the wall to the right, and walk for 165m (178yds) to a gap in another broken-down stone wall.



- 4 Continue along the track for 130m (140yds) and then follow the track steeply left, uphill, for 300m (325yds) to a gate in a wire fence next to a crumbling stone wall. Pass through the gate and the stone wall. Turn left, uphill, for 260m (280yds), with the stone wall over to the left, to reach a "bird station", situated at the base of a small, rocky ridge. (photograph on top of next page)

**5** Bear right along the base of the ridge for 50m (54yds) and then turn sharp left for 20m (21yds) on to the top of the ridge. Immediately turn right for 250m (270yds) and then gradually bear left for 166m (180yds) to reach the top of another ridge. Continue along this second ridge, towards a crumbling stone wall, and bear left to a gate.



**6** Through the gate turn right for 25m (27yds) to the edge of another ridge. Turn left, along the top of the ridge for 0.4km (¼ mile), to where the ridge ends. From this point look ahead and slightly to the right, across the intervening low-lying ground, to a very prominent grouse butt, perched at the top of a steep edge. Descend steeply down to the low-lying ground, cross it, and then ascend to the grouse butt.

(photograph relates to Stage 4 previous page)

**7** At the grouse butt, cross a collapsed stone wall to a stile over a wire fence. NOTE: If this stile is not suitable, turn left (east), before the wall, and walk down along the wall for 185m (200yds) to a ladder stile between the 4th and 5th grouse butts. Cross over the wall and walk back up to the stile at the top, near the first grouse butt.

**8** From the grouse butt, continue along the ridge for 74m (80yds), to where it drops off steeply. Look to the left (east) to see a track descending the fellside – not shown on the 2005 OS map. Aim to join this track by descending to the rough, often boggy ground below, bearing slightly to the right (south).

When the track is reached, turn right and follow it to a gate in a stone wall. Through the gate, follow the track for 1km (+½ mile) as it winds down the fellside towards Croglin village. IGNORE any tracks branching off to the right or to the left.



**9** The track comes to a T-junction with a bridleway from Plantation Nook, north of Croglin, to Newbiggin. Turn right, uphill, for 200m (216yds) to a gate. Continue along the bridleway for 1.4km (+¾ mile), eventually descending towards Newbiggin Beck in a deep ravine. Follow the bridleway left, with the beck down on the right, and descend for another 0.4km (¼ mile) to Townhead, Newbiggin. At the road, turn right for 100m (108yds) to the start. ■



*Photographs by Colin Barnfield*

A very long winter came to a close;  
All and sundry had a dripping nose.  
But with April's sweet-smelling rain,  
The daffodils lifted their heads again.

May's lilac struggled to give off its scent,  
But determined and hell-bent,  
Stretched and reached to the light,  
Producing lace doily's of purple and white.

June brought flowers of profusion and colour,  
But the garden rose is like no other;  
Spread-eagled across a dry stone wall,  
Or standing over arbours, proud and tall.

July and August put on a show.  
Garden fêtes and yummy cream teas,  
Children striped and granny exposed  
her knees.

Laughter and loud speakers filled the air;  
A community together, with a willingness  
to share.

Summer in England with cricket on  
the green,  
Gives us a timeless, quintessential scene;  
And the Drover's Inn opens its doors  
To folk debating the winning scores. ■

< "Mary Happy Orphanage" - continued  
from page 9

Izzy is looking forward to visiting the orphanage this summer and will be helping out with the day-to-day running of the orphanage. She will be cooking, ironing, cleaning, and helping the girls get ready for bed, as well as doing art and craft sessions. She'll be taking a suitcase brimming with clothes for the girls, along with art materials. She also hopes to take the girls out on a school trip to the local swimming pool or zoo, to give them a much needed break. She looks forward to writing about her experiences and impressions of the orphanage when she returns in September. Her main aim is to raise awareness of the Orphanage and if anyone is interested in supporting this cause, then Izzy and Kathryn have set up a "just giving" page, where all the donations will go directly to the girls' education and living costs.

<http://uk.virginmoneygiving.com/team/KathrynandIzzySharpe> or you can email Izzy on [rooby@manx.net](mailto:rooby@manx.net) with any enquiries. ■

## Lazonby Pool News

A big thank-you to all who came to celebrate our opening on Sunday, 19th May. At the eleventh hour, we changed the date from the Saturday and put word out via Facebook and word of mouth that the date had changed. We have had lots of press coverage around this event and promises of more to come.

### Events to come this season:

- Annual Swimming Gala – Sunday 7th July
- August – themed party night, possibly on a Christmas theme! - TBA
- Watch out for the return of the "Waterballs" – TBA
- Swimming lessons in the holidays.

Phew...that is it so far!

Keep posted on the website and on Facebook.

<http://www.lazonbypool.co.uk> ■

**CORRECTION (re Craic 9)**  
**ROBIN HOOD INN, CROGLIN**

**Open: from 7pm**

**NO MEALS SERVED**

**Tel: 01768 - 896 635**

Riddle-me-ree - Answers. 1. A river; 2. The letter 'n'; 3, Bookkeeper. (An alternate, tricky answer could be Woollen, where "W" is a "double u".)

# What is a garden?

by Ron Davies



Nearly every house has one. Some people hate them and do as little gardening as possible. Others get contractors to cover the whole area with block paving. This can still look attractive, if there are containers filled with flowering plants. Most people find an endless source of pleasure in creating an attractive environment for their family. A lawn is a must, especially if you have children. Planting can take many forms and may include gifts from friends and family. Trips to garden centres can provide ideas and you can, of course, grow plants from seeds and cuttings, which is a much cheaper way of providing plants. But beware, plant propagating can be most rewarding, but also addictive.



My personal passion is growing rare and unusual plants from seed, which I obtain from a variety of places. Garden Societies are a very good source of seed. Commercial seed suppliers and plant hunters, such as Chris Chadwell, are other sources. Yet gardening is so much more than this. There is the pleasure one gets from the delightful perfumes of flowers and aromatic foliage. Who hasn't pinched the leaves of herbs to release the scents? Touch, also, comes into play when cupping such blooms as the hellebores or roses in the palm of one's hand, in order to admire them. "Are the spikes of that plant really prickly?" Ouch! Yes.

I think that the finest gifts given to all of us are our memories. When you're shown around someone's garden, one often hears, "This rose grew from a cutting I took from my

*Photos of her garden by Fiona Exon*



Mother's.", or, "We bought this when we were on holiday in Scotland." Very often the original donor has departed but is never forgotten, as long as the plant, or its offspring, is still alive.

I remember Barbara Pollock, from Winderwath, Culgaith, when she was in her late eighties, showing me a clump of snowdrops that a long deceased relative had collected, whilst on a posting to the Crimea, Ukraine. As I travel around the country, it is lovely when people come to me and say, "Do you remember that plant you gave me on our visit? We always think of you when we see it."

Visiting people and sharing plants can lead to lifelong friendships, as I have learned from my own shared experiences.

Happy gardening! RD. ■

On the outskirts of Great Salkeld there are the remains of two so-called castles, which were probably mistaken as such by early historians looking at lumps and bumps or piles of stones.

• The first is the better-known Aikton Castle, west of the road to Lazonby, just south of Scatterbeck. Although this was named as a castle in 1794, and still appears as such on some maps, more recent research has shown it to be a small Romano-British settlement, not intended for defensive purposes. An investigation in 1972, on behalf of the National Monuments Register, with its detailed plan of the earthworks, shows characteristic hut outlines in turf-covered foundation walls. The settlement could have been occupied by native people in the time of the Romans, or shortly afterwards.



Photo - above Aikton Castle by Fiona Exon

• Force Knott Castle is named on an early OS map, at the site of the present Force Mill, near Eden Lacy, close to the end of a former bridge across the River Eden, referred to in a previous Craic article. It is also a field name, given in a survey of Great Salkeld field names, by Canon Gordon in 1925. It is doubtful that this was a “castle” as such. The old Cumbric word “knott” or “nott” means a hill or raised mound. A pile of stones collected and placed here might be the remains of a defensive building. ■

*From Sheila Fletcher, Lazonby, 898 804*

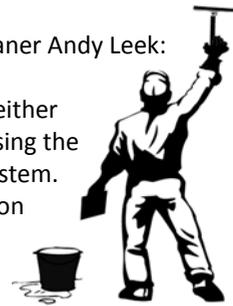
### The Big Village Summer Event Great Salkeld Sports Saturday 13th July

Prizes for floats and individual fancy dress - theme ‘ONESIES’. Or, for those of the pre-onesie era, a funny hat! 2.30 pm - Sports on the Rectory Field. Admission, including Tea and Cake, £4.00. Village children and OAPS Free. Bar - Ice Cream - Raffle - Burger Bar. Side-shows and lots of after-sports activities. Wellie Wanging Championship - Egg Chuck - Sumo Wrestling. Music by the fire with the Salkeld Dukes. Dress up for a Great Day. Free glass of Pimms for each adult in Fancy Dress. Free bag of sweets for each child in Fancy Dress. Donation of cakes required please, for advice phone 898943. Full information on Village Notice Boards. ■

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